

Timed Up and Go Test (TUG)—Scoring sheet

Date: _____

Time (seconds): _____

Assistive Device Used:

none: _____

cane: _____

walker: _____

other: _____

Other:

stopped to rest: _____

impaired cognition: _____

Risk for Falls:

High Risk (>13.5 seconds): _____

None/low/moderate (<13.5 seconds): _____