

Step 1 Paraffin Bath: Turn on the machine to maintain 126-134 deg F. (Allow a couple of hours for wax to melt) (grab treatment towel & plastic wrap)



<u>Step 2</u> Treatment: Place treatment extremity into the wax and remove.



<u>Step 3</u> Treatment: Repeat step 2 to allow up to 6 coats of wax.



<u>Step 4</u> Treatment: After the 6th dip, place patient treatment extremity on top of the spread out plastic wrap.



<u>Step 5</u> Treatment: Wrap wax covered extremity in the plastic wrap.



Step 6 Treatment: After wrapped in plastic snuggly, Wrap the extremity in the treatment towel to hold heat. (Treatment is generally 15-20 mins)